

THE 4 TYPES OF BULLYING

Read about the types of bullying below. Then, answer the questions that follow.



PHYSICAL BULLYING
Hurting the body



VERBAL BULLYING
Saying harsh words to make someone feel bad, or to cause them to do something that they don't want to do.



INDIRECT BULLYING
Saying harsh words about someone to others to make them seem like a bad person.



CYBER BULLYING
Using computers or the internet to harm someone in a mean way.

QUESTION & ANSWER:

1. What are some helpful ways to deal with someone who is a physical bully?

2. How would you behave if someone were verbally bullying you?

3. What would happen if you behave that way?

4. What are some examples of indirect bullying?

5. How do you think a person being cyber bullied would feel?

ROBERT WADLOW

No one is perfect. We are all born different. That makes us who we are. One man who was different is Robert Wadlow.

Robert Wadlow was a normal baby. By the time he was eight years old, he was taller than his dad. He was so big that his school had to make a custom desk to fit his legs! He grew to be 8 feet, 11 inches tall! He is the tallest person to have ever lived.

People used to stare or say mean things. But Robert was nicknamed the "Gentle Giant." His kindness toward everyone made him one of Ripley's favorite characters.

DISCUSSION

Why would people feel good about themselves staring at or making fun of someone? What are ways we can stand up for others? We should treat everyone with respect—what does this mean to you? What makes us different makes us special—what is special about you?

